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SPRINTERS II – A NEW EUROPEAN NETWORK ON MASS SPORTS

Activity of the project:

1. Partnership Building Activity: 03 - 11 September 2017
Location: Ramnicu Sarat, Romania

1. GENERAL INFORMATION

The project **SPRINTERS – A NEW EUROPEAN NETWORK N MASS SPORTS**, project number : 2016-3-RO01-KA105-035544, is a youth workers activity organized within the framework of ERASMUS+ Program with the financial support of the European Commission, that will be implemented in Ramnicu Sarat, Romania, between 03 – 11 Septemteber 2017.

The AIM of the project is to create a European Network of youth workers on mass sports, ready to create and implement sport activities in their communities.

2. COMPOSITION OF THE GROUPS

Partnership Building Activity: 03 - 11 September 2017,
4 YOUTH WORKERS per country, 2 male and 2 female (no age limits, 18+).

IMPORTANT!

The participants can stay in Romania 5 days more than the mobility but only on your costs. The dates can be organized before and/or after the mobility.

Please note that the organizers will not provide any additional accommodation outside the dates of the mobility! If you wish to travel on other dates than the dates of the Mobility, please take contact with the organizers before purchasing your tickets!

Please plan your trip carefully: in case your travel dates are different than the ones above mentioned, the organizers might not be able to reimburse you!!

3. Summary of the project:



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The project **SPRINTERS II - A NEW EUROPEAN SPORTS NETWORK IN MASS** is an integrated project which will involve 28 participants from Romania, Latvia, Slovenia, Turkey, Estonia, Italy and Greece, through a mobility of youth workers that will take place in Rm. Sarat between 03 – 11 September 2017. The problem identified is poor participation in mass sport in the European Union on the basis of the lack of a network of partners to support and implement clear patterns of applicability of non-formal education methods. The causes of the problem are: Poor support and practice sport in schools and youth leisure time, lack of leisure opportunities in an organized, alarming number of young people using drugs or other substances, tobacco and alcohol, disinterest for youth sports, oversized attention to the online environment and technology at the expense of physical activity, lack of programs and projects that involve and disinterest responsible for youth policy to produce ideas in order to develop sports skills of youth, discrimination massive effects of racial and class differences, obesity, sedentary lifestyle.

Objectives that will positively problem and causes identified are:

1. Develop a partnership network named SPRINTERS II, in order to promote sports and games in the indoor and outdoor regime at European level by involving 28 youth workers from ROMANIA, LATVIA, TURKEY, GREECE, ESTONIA, ITALY and SLOVENIA, through activities conducted in Ramnicu Sarat, Romania, between 03 – 11 september 2017;

2. Increase the number of youth workers involved in supporting, promoting and developing a pilot European partnership in the field of mass support through indoor and outdoor sports, involving 28 youth workers in activities carried out in Ramnicu Sarat, Romania, between 03 – 11 september 2017;

3. Increase the involvement of 28 youth workers from seven European countries in activities of partnership building by developing new proposals for promotion of sports in indoor and outdoor regime in Ramnicu Sarat, Romania, between 03 – 11 september 2017;

4. Development of intercultural communication of 28 workers from seven partner countries through activities promoting the fundamental principles of sport: diversity, mutual respect, tolerance, solidarity, active citizenship and European fair play, equality, social cohesion and group social responsibility in Ramnicu Sarat, Romania, between 03 – 11 september 2017.

The mobility of youth workers will be organized in Rm. Sarat, Romania and will involve 28 youth workers, 4 each from each promoter; The schedule of mobility is considering a number of strategic steps led on the following objectives: creating European networks of youth workers in promoting mass sports; Develop a portfolio of projects for 2017-2020 period to multiply and continue Sprinters network effects; Creating the Charter of youth worker in the field of mass sport in the European Union. These results will be obtained due to the use of methods such as workshops, teambuilding, seminar, brainstorming, evaluation, debriefing, round table, etc. Program activities are considering an analysis of organizational among network partners, identify common priorities and perspectives and developing a strategic plan for the next five years projects and a manual worker enforcement activity in sport;



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4. Structure of the Project and TASKS!

The PBA is structured in 3 very important steps, as it follows:

1. PREPARATION AND VISIBILITY OF THE PROJECT (before the PBA)

In this phase each organization has the next tasks:

- To select the participants also for PBA;
- To prepare all the activities in national groups;
- To make the project visible in each of the 7 communities using: materials, publishing articles and posting on facebook,
- To prepare the materials for traditional evenings: presentation, food, dances and to fix responsibilities for each participant;
- To organize local activities, events in order to promote the project;
- To communicate with the other participants on the facebook group of the project;
- To organize the travel and to buy tickets and to organize the financial documents;
- To obtain Visa for all the participants which requires it;
- To sign and stamp the INTERNAL AGREEMENT;
- To decide about all the important aspects which can influence the PBA.

2. PARTNERSHIP BUILDING ACTIVITY - PBA:

- To participate to all the activities planned by the agenda;
- To sign all the documents required in order to prove the participation;
- To be as active and involved as possible in order to achieve the aim and the objectives of the project;
- To make the project/PBA as visible as possible and to bring an impact to the community;
- To cooperate with all the youth workers;
- To have a fair behavior and to respect the rules/common agreements settled by the group.
- To bring all the financial documents and to provide the details of the partner organization account;

3. EVALUATION AND DISSEMINATION:

- To send the Mobility Tool Evaluation in the next week after the end of the PBA;
- To promote the results of the project in each of the 7 communities for a better impact through media, online, offline, specific activities generated in connection with the partner organization;
- To send all the financial documents in order to validate the costs and to receive the refund;
- To multiply the effects and results by generating new ideas of projects together with project partners;
- To promote the Blog of the project and all other Materials of dissemination which will be generated through the project;



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- To write articles and to publish them on the personal pages or blogs or in written or online media;
- To answer to all the requests made during the dissemination period also to the partner organization and Onix Association.

5. Project partners:

No.	Country and town	Name of the Leader	Partner Association	Email
1	Romania, Ramnicu Sarat	Florin Ceparu	A.T. Onix	flo2007rms@yahoo.com
2	Turkey, Bursa	Emre Demirer	E-genclik	emre-ibal@hotmail.com
3	Greece, Kalamata	Jelena Scepanovic	K.A.N.E.	jelena@ngokane.org
4	Italy, Sabbioneta	Cosmin Saic	Sabbeen Group	Cosmin.saic@yahoo.com
5	Slovenia, Crmelj	Klemen Vitkovic	Mladinski Centre BiT	klemen.votkovic@gmail.com mcbitcrmelj@gmail.com
6	Estonia, Polva	Florika Kolbakova	Polva Municipality	florika.kolbakova@mail.ee
7	Latvia, Stalgene	Alina Ankudovica	Biedripa "Iepazisim Sevi"	Alina.ankudovica@gmail.com

The project will be held in **English language**. The participants should have at least basic understanding of this language.

The eligible date for making costs is 1ST of May 2017, STARTING WITH THIS DATE YOU CAN BUY YOUR TICKETS AND DO ALL THE PREPARATION COSTS JUST AFTER THE APPROVAL OF THE ROMANIAN PARTNER

The national currency in Romania is LEU; 1 € = 4.50 LEI

6. Selection details:

For the mobility, each partner will send 4 YOUTH WOKERS.(18+) with the experience a youth workers in the field of mass sports.

In the selection process, each partner organization should consider the next profile of the youth workers:

- Involved in sport activities and ready to implement new future sport actions and projects for their organizations / communities.
- Conversational level + of English.
- Experience in volunteering.
- Europass CV for every youth worker will be needed.
- Other important skills in working with groups, teams, coordinating different sports, etc.



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7. Travel reimbursements

The organizers cover 100% of the real travel costs from your home to Rimnicu Sarat and back considering the general limit applied for each participant – Distance Band. If the ticket will be bought more expensive, the difference between the limit approved and it's prize will be covered by each participant.

The reimbursements will be preceded only by bank transfer after the youth exchanges upon sending all travel documents and international bank details and **only in the account of the partner.**

Reimbursement of travel costs will only be done upon full attendance of the mobility and just after the the presentation of the next documents, in original:

For plane:

- Boarding passes
- Electronic tickets
- Invoice
- Proof of payment - **Receipt** for paying by cash or **account extract/credit card slip/bank statement** from where to be seen the details of the transaction in case you will pay by credit card/bank transfer;

Fur bus:

- Tickets
- Invoice (if the case)
- Proof of payment - Receipt for paying by cash or account extract/credit card slip/bank statement from where to be seen the details of the transaction in case you will pay by credit card/bank transfer; (if the case)

The documents will be given in original to the organizers during PBA and EXCHANGES and the rest of the documents (for going back in your countries) to be sent by POST to the following address:

*Primaria Ramnicu Sarat,
Str. N. Balcescu, Nr 1.,
Ramnicu Sarat, Buzau,
125300, Romania.
IN ATENTIA VOLODEA MATEEVICI*

Any wishes to stay shorter or longer should be consulted with organizers prior any booking! You should know that you can book your tickets for coming 2 days and going back 2 days after the end of the Exchanges. For this period you will decide about your program, also covering all the necessary costs.

Taxi costs are not eligible for reimbursements.

Reimbursement will be done in EUR, regardless of the currency indicated on the ticket and receipt/invoice.

Please check the table below with the information on the travel budget limits for roundtrip! If travel costs exceed the amount budgeted in the project, the organizers will only be able to reimburse participants the sum mentioned on the limits of the budget.

Participants are therefore strongly advised to book their tickets well in advance.



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Travel REFUND LIMITS:

For PBA (03-11 September 2017), Travel destination: Ramnicu Sarat, RO

Slovenia, Turkey, Greece, Italy, Estonia, Latvia and Croatia - **275 Euro**
(Distance 500-1999 km)

The tickets prize will be refunded for each participants on the limits mentioned.

If the prize will be higher, the difference will be supported by the participants being considered contribution for the project.

8. VISA DETAILS:

For Turkey: In order to come in Romania for the, we have in the budget also costs for visa, which includes proper travel way to take visa + the effective costs of the visa. In order to refund the costs please provide all the documents which proves

Turkey (PBA) – 440 euro for 4 Participants

Also, to obtain the visa, please contact us in order to do for you the **INVITATION LETTERS** as soon as possible, and send us in this way, all the information of the participants that we should complete in the Invitation Letters for Visa! We recommend you to buy tickets early, in order to find them on the limits of the budget.

9. Accomodation and Food

You will be accommodated in rooms of 2/3/4 participants of same gender in a 2 / 3 stars hotel, in Ramnicu Sarat – Pensiunea Cristina (<http://pensiuneacristinaoareavu.freewb.ro/>), Buzau Region and Mangalia, Romania.

Bathrooms and toilets are available in each room. Bed lines are provided by the hotel. Please bring your own towels and items of personal care! Also, thinking at the thematic of the project and the fact that we will develop activities under the sun, please don't forget to bring all necessary things as creams, etc.

Food will be provided 3 times a day plus hydrating breaks. Please let us know in advance if you have special needs (vegetarian, vegan, no pork meat, allergies, special diets due to medical treatment etc.) in the application form.

Each country will have the possibility to organize a traditional evening in order to promote it's culture, traditions, foods and others. In this way don't forget to bring some videos, foods and drinks, prepare some moments, presentations and others. Consider that the costs for preparation of the traditional evenings will be supported by the participants and leaders.



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10. Health insurance

The organizers do not provide any health insurance for the participants.

The participants are requested to purchase individual health insurance for their stay in Romania. Please bring the medications you may need as well.

11. Practical information

The participants are asked to bring:

- Presentations, materials, brochures, pictures to present their organizations during the PBA;
- Traditional drinks, delicatessens, promotional materials to present their country and hometown during the intercultural evening;
- Clothes according to the activities and weather conditions;
- Towels and items of personal care;
- Needed medication.

The activities will take place in:

Ramnicu Sarat - https://en.wikipedia.org/wiki/Râmnicu_Sărat

HOW TO ARRIVE IN RAMNICU SARAT?

The nearest airport is Bucharest OTOPENI, at not more than 120 km from Ramnicu Sarat.

12. Contact details

If you need help with your travel booking or have any questions regarding the youth exchange, please do not hesitate to contact:

Ceparu Florin

President of A.T. ONIX and Project Coordinator of SPRINTERS II

flo2007rms@yahoo.com, 004 0762 65 95 25