



EuroDEMOS
(Community Leaders within European Background)
Nongovernmental, independent, no profit organization

Involved Youth Coalition



Co-funded by the
Erasmus+ Programme
of the European Union



International Trainings

Social Promoters for inclusiOn thRough sport

12 – 19 March 2020, Iasi, Romania

15 – 22 May 2020 Iasi, Romania

Information about the organizer of the training: EuroDEMOS Association

EuroDEMOS is an *association of human rights defence*, civic school of volunteer involvement, training and promotion at local, national and international level of future *opinion leaders*, by means of application programmes of European interest.

EuroDEMOS – “*success story*” at European level (according to the most recent evaluation of the European Commission) has a history of **30 years** accumulated through constant civic activity.

EuroDEMOS is an umbrella type association, composed by 5 organizations (eg. Youth Org, Students Org, Women Org) and 14 departments specialized on domains of civic interest (education, youth, democracy, culture etc).

EuroDEMOS is appreciated as *important member in European Parliament AGORA*, active in the priority programs of the European Commission and Council of Europe, Monitor of Human Rights and fundamental freedoms defence in Romania and promoter of them globally, internationally recognized and laureate for its contribution to the promotion of European civilization.

EuroDEMOS initiated and coordinated numerous civic programmes of community interest in domains such as youth and sport, education, human rights, democracy, citizenship, sustainable development, ecology and environment protection, social assistance, culture and art etc., developed national and international networks and platforms, international and cross border strategies and policies, international newsletters.

In 2008 EuroDEMOS founded the European Network to Promote Youth Involvement in the Decision-Making Process - *Involved Youth Coalition* (www.involved-youth-coalition.com). The Coalition functions with voluntary activity as an environment of information and dissemination of youth work at international level. The Coalition represents an important resource of information and exchange of good practices for youth workers in Europe in order to contribute to the youth involvement in the decision making process worldwide.

EuroDEMOS has got involved constantly since 1990 in promoting civil society by training civic and political leaders, through programs of community interest. EuroDEMOS members are the first who, since 1990, have concerned with promotion of important role of youngsters involved in civic-political life, for the development of democratic society. They are pioneers in all the civic activities, achieving the first civic-political youth organizations after the revolution: „The Democratic Young Tribune”, „The Young Politicians Club” which materialized through seminars, debates, manifestations, festivals etc. Succeeding numerous activities under the aegis of the civil society, the young people who made themselves conspicuous became social personalities in our community.

EuroDEMOS has trainers and specialized staff in various domains of civic interest and acts according to classical democratic methods, which promote the competence and the performance.

EuroDEMOS – Civic Attitude Association

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Information about the 2 trainings *Social Promoters for inclusiOn thRough sporT*

The theme of social inclusion through sport is based on the important role of sport in the European society and its social function, a role recognized since December 2000 by the European Council declaration on the specific character of sport in the implementation of common policies (the Nice Declaration).

In this context, EuroDEMOS is the coordinator the project *Social Promoters of inclusiOn thRough sporT* that **is aiming to increase the inclusion** of young people with fewer opportunities at European level through sporting activities.

The project *Social Promoters of inclusiOn thRough sporT* will be implemented between 01 October 2019 – 30 September 2020 and is co-funded by the Erasmus+ Programme of the European Union.

The project **partners** are:

- Bulgarian Youth Association – Bulgaria
- Meraki – Croatia
- Hellenic Youth Participation – Greece
- EuroDemos Youth Mobility NGO – Italy
- Youth Alliance - Krusevo –North Macedonia
- Idea for life – Poland
- Intercultural Association For All - Portugal
- Mladinski center BIT – Slovenia
- Turizm Folklor Arastirma Kurumu TUFAC – Turkey

The project willing to achieve the following objectives:

- To train 30 youth workers from 10 countries as resource persons in working with persons with fewer opportunities;
- To develop 15 non-formal methods of increasing the inclusion of young people with fewer opportunities through sports activities;
- To develop the organizational strategies of the 10 partners with activities in the field of social inclusion of young people through sports activities.

The project *Social Promoters of inclusiOn thRough sporT* **will include 2 mobilities which will take place in Iasi, Romania on 12 – 19 March 2020, 15 – 22 May 2020** and the 30 participants will represent the 10 partners from 10 countries.

!!!NOTE: We mention that 12 March and 15 May are arrival days and 19 March and 22 May are departure days.

The two trainings will be complementary in order to develop the youth workers with new knowledge, ideas, competences, practical methods of social inclusion of young people through sport, from the understanding of concepts to application, from receiving information to their transformation through creativity and innovation in intellectual products, from creation to receiving evaluation feedback, from design to practice, from working on national teams to working in multinational teams, from learning from others to their own initiatives, from information to dissemination. Both trainings will be based on the transmission of information by trainers, on the exchange of ideas and best practices among participants, on the involvement of participants in practical activities, on direct interaction with social actors and young people from the local community.

The trainings will be implemented through non-formal methods such as: ice breaks, team building, presentations, brainstorming, brain writing, workshops, inputs, sports dance as inclusion method, conflict

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management, competitively method with youth with autism, application of methods designed by the participants and others.

The first training includes Erasmus + Presentation sessions to promote its importance and to have initiative for future projects. The Youthpass certificate and the 8 key competences will also be presented, each day being in the agenda time for reflection on their development. **In the second mobility**, the participants will work in multinational teams on concrete ideas of future Erasmus+ projects.

Among the results of the project we mention: the resource people for the 10 promoters, local youth and sports studies, the organizational strategies developed on the social inclusion through sport, the booklet with 15 non-formal methods, the video with the results of the project etc.

The youth workers will develop within an international frame their personal, social and professional competences as future trainers and project managers. The participants, through the 15 non formal methods that will be included in the booklet will have concrete tools with which can work efficiently to include youth with fewer opportunities through valuing the common language and the dynamic of sport activities.

As a long-term impact, the project aims to develop the capacity of the participants and promoters to organize local / national / international youth projects specifically addressing the social inclusion of young people through sport.

[Information about the host community of the training: Iasi, Romania](#)

Iasi city is an open air museum that exceeds of monuments, an important cultural, historic and educational center of Romania, a wonderful city which exceeds of history, monuments, traditions, touristic attractions and a huge number of international personalities, intellectuals and technocrats.



More about Iasi.... we will show you when you will be here ☺ !

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About the participants:

Each partner will select 3 participants from its country respecting in the selection process the principles of offering equal chances to all candidates and do not make discrimination on base of gender, religion, social status etc.

Mention: The 3 selected participants from each partner should participate to both training courses.

In the selection process of the partners representatives please take into consideration the following participants' profile:

- ✓ to know English (this will be the language used within the training);
- ✓ to be over 18 years old;
- ✓ to be active youth leaders/youth workers;
- ✓ to be involved or to know the activities of the partner organization;
- ✓ to have a strong motivation to participate at both trainings;
- ✓ to have a strong motivation to be trained on the topics of the trainings;
- ✓ to have openness for working in a intercultural background and to respect other cultures;
- ✓ to participate on the whole duration of both trainings.
- ✓ to assume the responsibility of initiating locale/international activities according to the competences developed within the training and with the support of the project partner;
- ✓ to be actively involved in the disseminate process and follow-up.

We inform you that are not eligible as participants at the trainings persons who are doing in the same time of the training also the European Solidarity Corp or who are involved in other projects with European funds or any other types of funds.

IMPORTANT: We kindly ask all the partners **to finish the selection process until 17 January 2020** and to invite the selected participants to fill the following application form:

https://docs.google.com/forms/d/e/1FAIpQLSdivDPXowK1mWcoyVVmLfbXH1fmXk4UIvAPukoUIdSBEAuMNw/viewform?fbclid=IwAR3dB680pluGhG3pfJA_fFKnBb9Bei08ynTLQdDTCphWyo9cz4Ok52jibL0

COSTS:

Board and lodging will be 100% provided by EuroDEMOS, there is no participation fee, the **travel costs will be reimbursed according to the Erasmus+ rules** for each partner country up to: Bulgaria – 275 euro, Croatia – 275 euro, Greece – 275 euro, Italy – 275 euro, North Macedonia – 275 euro, Poland – 275 euro, Portugal – 360 euro, Slovenia – 275 euro and Turkey – 275 euro.

More information will be provided within the financial info pack.

The costs for transport will be reimbursed by transfer to the partner organization from each country, this being a mandatory condition of our NA. We can reimburse only to those who attend the both trainings.

We are looking forward to meet you and your representatives at the project!

Project coordinator,
Cătălina Aghiniței

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