

# LEARNING TO SPEAK YOUR MIND

Efficient and Effective Communication

23rd August -  
1st of September 2017

**A2 INFO PACK**

A PROJECT  
HOSTED BY:



TRAVEL & LEARN  
OPPORTUNITY



INTERNATIONAL  
EXPERIENCE



Funded by the  
Erasmus+ Programme  
of the European Union



YOUTH  
EXCHANGE



România  
Timișoara

august

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

6 countries

42 participants



# ABOUT US

## THE ROOTS

The Romanian Institute for Youth Development (RIYD) was founded in Timisoara, Romania in 2014 and is presently involved in many projects and partnerships in the youth fields at local, national and European level

RIYD is closely related to the academic environment in Timisoara, deploying numerous projects for the young and students in fields of activities that they might be interested in.



## THE ROMANIAN INSTITUTE FOR YOUTH DEVELOPMENT

## THE AIM

The Romanian Institute for Youth Development (RIYD) aims at a continuous, personal, academic, cultural and professional development of youth.





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# THE PROJECT

## THE DATE AND LOCATION

The project will take place in Bodo village (near Timisoara, Romania). There will be two youth exchanges:

1. Learning to speak your mind: Efficient Communication 19th - 28th July 2017  
- *Is focusing on developing debating, argumentation, critical thinking skills*
2. Learning to speak your mind: Effective Communication 23th August - 1st September 2017  
- *Is focusing on developing public speaking skills*

## Short description of the project

The project's aim is to prepare youth to integrate itself efficiently into an European society that is in a permanent change, based on efficient and effective communication and intercultural interaction between different nations.

*\*This Infopack is for the 2nd youth exchange.*

## 2ND YOUTH EXCHANGE

Learning to speak your mind: Effective Communication  
23rd August - 1st September 2017

The main objectives are:

- Developing public speaking skills
- Developing abilities for interpersonal and professional communication
- Developing abilities for critical reasoning and thinking.
- Creating an intercultural learning space
- Presenting the Erasmus+ program





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## Parteners & Participants

### WHO YOU'LL MEET



**Italy**

Comitato d'Intesa tra le associazioni volontaristiche della Provincia di Belluno



**Slovenia**

Mladinski Center Bit



**Greece**

Responsible Citizens



**Croatia**

Civilna, edukativna i transparentna platforma



**Latvia**

Zemgales nevalstisko organizaciju atbalsta centrs



**Romania**

RIYD

### Participants profile:

42 young people will be a part of the youth exchange. Each organization will have to selected 7 participants (6 young people and 1 group leader).

The profile:

6 young people

1 Leader

Age between 18 and 30

Willing to develop new skills

Proactive and open minded

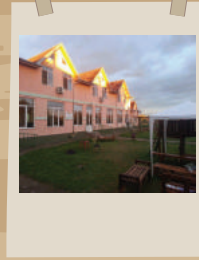
Basic English speaking skills

In order to achieve the objectives, participants will be asked to: reflect on their community, on what are the opportunities that can benefit them, on what it means to be young and to take the initiative; to know the culture and traditions of the participating countries; to share knowledge and different methods, knowledge in communication field.





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## VENUE

### THE LOCATION

**ARRIVING: 23rd of August**  
**DEPARTURE: 1st of September**

The mobility will take place in Romania, near the city of Timisoara, in Bodo village. Bodo is a village located in the Timis County, in the district of Banat. The village dates since the 15th century and is a multicultural village, hosting many ethnical minorities.

The location on Google Maps? ( <https://goo.gl/MQgBAS> )  
Bodo Smart Camp ( [www.facebook.com/bodosmartcamp](http://www.facebook.com/bodosmartcamp) )

The accommodation will take place in a hostel/camp, containing bedrooms, dining room, training room, and a nice yard for outdoor activities. You will be mixed in rooms with participants from other countries but with the same gender.

### Methods used during the Youth Exchange

This youth exchange will use a mixture of formal, non-formal and informal educational methods. In addition to theoretical input, it will be accompanied by learning by doing and other non-formal learning techniques such as working in groups, sharing experiences, simulations, reflections, presentations etc.

This means that theoretical lectures will be followed by practical activities either in groups or individually.





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## Costs, Travel & Health

## FINANCE & REIMBURSEMENT OF TRAVEL COSTS

### DIETARY, HEALTH, & OTHER SPECIAL REQUIREMENTS

This youth exchange is financed by the Erasmus+ programme, meaning there is no participation fee for attending. The costs related to food and accommodation will be completely covered by the hosting organisation.

Please inform us as soon as possible if you have any food allergies or you have special dietary requirements so that we can inform the caterers and so that they can prepare meals that are suitable for you. If you have any other allergies, need to take regular medications or foresee a need for general medicines during your time in Romania (for example bug spray, headache tablets, travel sickness pills, etc) please arrange these yourself as we are unable to provide them for you. Likewise, if you have any health conditions, disabilities or mobility issues that you feel we need to be aware of or that may affect your participation in the youth exchanges activities, then please let us know what they are and how best to assist you.

participants who attend all the sessions, commit themselves fully to the activities and provide all ORIGINAL tickets, The maximum reimbursement per participant from each country is up to as follows.



### TRAVEL & HEALTH INSURANCE

It is a mandatory requirement for all participants to provide their own health insurance. This should cover you for the full duration of your time in Romania.

You can use the free European Health Insurance Card (EHIC) to allow you access to public hospital treatment. Having this card means you may be able to receive free medical treatment in the event of an emergency, but it is NOT guaranteed. Also please be aware that the EHIC is NOT a travel insurance policy, it will not cover private health care, non-emergency health costs, or being flown back to your home country. To learn more, please go to: [ehic.europa.eu/](http://ehic.europa.eu/) General travel insurance to cover the safety of your possessions, lost luggage, delays to flights etc is NOT a mandatory requirement, but it is advisable.





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## INTERCULTURAL ACTIVITIES Pack & Social Media



## INTERCULTURAL ACTIVITIES & BREAKS

### WHAT TO PACK

- Bedding, pillows will be provided by the accommodation, but here are some suggestions on other things to bring with you to the youth exchange:
- Toiletries (shampoo, toothbrush, toothpaste, etc.), but most things can be purchased when you arrive in Romania if you are concerned about airport security and liquid limits.
- Comfortable shoes and clothes for summer weather – check the weather online before you travel.
- Towels
- Personal medications.
- The accommodation is located in a very green area and some of the activities might take place outside. Please add a sun protection and anti-mosquitos cream in your luggage.
- Map, posters, photos, postcards about your country/region/town to be displayed during the Intercultural Evenings and some gastronomic specialities (food and/or drinks).

During the youth exchange, we will organize intercultural evenings where you will share with the group interesting things about your country.

You will represent your country's culture in the frame of this theme when enjoying a cozy evening listening exciting factual history and myths.

Every day we will have coffee/tea breaks between the activities and some of our breaks will be truly intercultural. Each country must contribute to our intercultural breaks on a particular day.

Feel free to bring traditional snacks from your country that you would like to share with the group.

### SOCIAL MEDIA

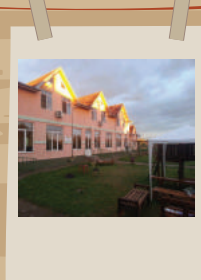
We have created a **Facebook Group** to share information with you before, during and after the youth exchange. You can also use it to get to know the other participants before you arrive in Romania. If you have not been added to the group, please let us know using the contact details below.

Please use the hashtag #speakyourmind in everything you post during and after thisproject. Type this hashtag at the start or end of any comments you make on videos or photos, or in the description of anything you post online. This will increase the visibility and the impact of the youth exchange.





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## CONTACT DETAILS

If you have any further questions or require any other information before you travel please contact us at: [office@irdt.ro](mailto:office@irdt.ro)

Website: <http://irdt.ro>

Facebook profile: <https://www.facebook.com/institutultinerilor/>

If you have a health, safety or fire emergency whilst in Romania please immediately contact: Emergency Help Number (Police, Fire and Ambulance)

Tel: 112

## Contact

### The hosting organisation:

The Romanian Institute for  
Youth Development

Address: 19th Aries street,  
room 019, Timisoara,  
Romania

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Tel: +40769060480

### ERASMUS+

This project is funded by the Erasmus+ Program. If you would like to find out more about the program, please visit <http://ec.europa.eu/programmes/erasmus-plus/>

